

# Flexible Sigmoidoscopy - Directions

## Flex Sig Prep:

Get one bottle Citrate of Magnesia and one Fleets Enema.

## Day Before Test:

Clear liquids only. This includes juice, broth, tea, coffee, Jell-O, and soda. No red or purple colored foods.

Drink bottle of Citrate of Magnesia at 8pm.

From 4pm to 7pm drink 3 glasses of juice or water.

Do not eat or drink after 11pm.

Stay close to the bathroom.

Apply Prep H to bottom if pain.

## Day of the Test:

At 7am use Fleet's Enema.

If you take Coumadin, Aspirin, or Anit-Inflammatory drugs please let us know.

Take all of your other medications.

You may use your inhalers and eye drops.

Do not take any insulin.

Leave all jewelry at home.

Arrange for a driver to take you home.

Please wear a warm pair of socks.

Please bring either a credit card or check to pay your 20% co-pay.

A nurse will call you the day before your test to confirm the time and preparation. Bring a **WRITTEN** list of medicines you are taking and make arrangements for your co-pay or deductible (either by check or credit card).

*Please fill out and bring on the day of your test*

Name \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

*Write All Of Your Medications, Including Over The Counter Medications (or Bring a List)*

Asprin / Motrin / Advil \_\_\_\_\_

Coumadin - Yes or No \_\_\_\_\_

*Please circle Yes or No to each of the following Major Illness/Surgery*

Rheumatic Fever	Yes	No	Heart Bypass	Yes	No
Heart Attack	Yes	No	Gallbladder Removed	Yes	No
Asthma/COPD	Yes	No	Hysterectomy	Yes	No
Diabetes	Yes	No	Prostate Problem	Yes	No
Stroke in the Past	Yes	No	History of Colon Cancer	Yes	No
Anesthesia Problems	Yes	No	Other Important History	Yes	No

## Insurance Information

The **Gastroenterologist** fee (includes the procedure), the **Anesthetist** fee for sedation (billed directly to insurance company), and the **Endoscopy Center** fee includes the use of surgical supplies (in lieu of the Hospital Bill). If you have Commercial/Medicaid insurance a specialist will contact your company to verify benefits/coverage. We do request that you be prepared to pay your co-pay or your deductible prior to or on the day of your test that is scheduled for you. Our insurance specialist scheduled procedure.

If a biopsy is done or a polyp is removed at the time of your Endoscopy it will be billed directly to your insurance company.

We request that you meet your co-pay/deductible prior to or on the day of your test. We accept personal check, VISA or MasterCard only.

**If for any reason you will not be able to keep your appointment, please call 563-2450 as soon as possible, so we can accommodate other patients who are waiting to have their procedure. We thank you in advance for your understanding and cooperation.**